

AL01-JAR - GREEK STYLE PLAIN YOGURT AND WITH FRUIT 170g

Product Name: Greek Style Plain Yogurt and Fruit

Code: AL01-JAG

Packaging: Typically packaged in glass jars 170g

Description:

Greek Style Yogurt is a thick and creamy yogurt known for its rich texture and tangy flavor. It is made from high-quality milk and live bacterial cultures and Italian fruit jam resulting in a versatile and nutritious dairy product that can be enjoyed on its own or used in cooking and baking.

Ingredients:

- Pasteurized cow's milk
- Live Italian maker active cultures (*Lactobacillus bulgaricus*, *Streptococcus thermophilus*)
- Italian fruit jam

Physical Characteristics:

- Appearance: Creamy white
- Texture: Thick and velvety

Nutritional Information (per 100g):

Energy: 59 kcal

- Protein: 10g
- Carbohydrates: 3.6g
  - of which sugars: 3.6g
- Fat: 0.4g

- of which saturated fat: 0.3g
- Fiber: 0g
- Sodium: 41mg
- Calcium: 100mg

#### Processing:

1. Milk Pasteurization: High-quality cow's milk is pasteurized to ensure safety and quality.
2. Inoculation: Live bacterial cultures, including *Lactobacillus bulgaricus* and *Streptococcus thermophilus*, are added to the milk.
3. Fermentation: The milk is incubated at a specific temperature to allow the bacteria to ferment the lactose, resulting in the formation of lactic acid and the characteristic tangy flavor of yogurt.
4. Straining (Optional): The yogurt may be strained to remove excess whey, resulting in a thicker and creamier consistency.
5. Packaging: Greek Style Yogurt is packed in glass jars, ready for distribution and sale.

#### Usage:

Greek Style Yogurt is a versatile ingredient that can be enjoyed in various ways. It can be eaten on its own as a nutritious snack or breakfast, or used as a topping for granola, fruit, or desserts. It can also be incorporated into savory dishes such as dips, sauces, and marinades.

#### Storage:

Store Greek Style Yogurt in its original packaging or an airtight container in the refrigerator at temperatures between 2°C and 4°C (36°F and 39°F). Consume within the indicated shelf life for optimal taste and texture.

#### Shelf Life:

The shelf life of Greek Style Yogurt is 45 days.

#### Allergen Information:

Contains milk. Suitable for vegetarian diets.

Certifications:

- FDA
- Factory license

Feel free to contact us for further information or inquiries regarding our Greek Style Yogurt.